



HOUSEHOLD REMEDIES
TO ENHANCE YOUR

SOIL

BY LYDIA SIRIPRAKORN
PHOTOGRAPHY BY ARIANA SANJAR

*In the garden, work what your grandmama gave you!
(That's how the saying goes right?) If your plants are looking a little
under the weather, turn to these tried and true household remedies to give your
soil a little boost. Using common items found in your pantry, you'll kick that
dirt up a notch and save yourself a trip to the store.*

EGGSHELLS

Eggshells are packed with calcium, which does wonders for soil. You won't see results when you wake up tomorrow morning, but give it some time. The shells break down slowly and calcium is gradually absorbed into the soil. Simply crush eggshells in a food processor or with a spoon and sprinkle into the soil.

COFFEE GROUNDS

Coffee has a bad rap for being acidic but it's actually a good addition to soil. The grounds from your morning brew have a pH close to neutral and are jam-packed with nitrogen. Incorporate the grounds and paper filter directly into your soil, or add them to a compost bin for a rich mix.

COMPOST

Composting delivers a hefty dose of nutrients back to the earth in the most au naturel way possible. The waste breaks down and reinfuses the soil with moisture and nutrients from your plant-based kitchen scraps like orange peels, lemon rinds, and even leaves from other plants. Try saving your scraps in a compost bin for a tidy look, or pick a spot outside away from any four-legged family members.